

# Day Trip Plan - Glacier National Park

Today's Date \_\_\_\_\_

This voluntary form can help you plan your day trip and can be a valuable tool for emergency search and rescue personnel. You can leave it with a friend, your hotel front desk, or in a location rescuers may find it (for security reasons, be careful not to leave it in plain view in your car). The National Park Service does not collect this form and it should be destroyed after the trip is completed. This form is available at any Glacier backcountry permit office or on the park's website [www.nps.gov/glac](http://www.nps.gov/glac). **Rescues will not be initiated until the park is notified that an incident has occurred.**

**Overnight trips require a separate Backcountry Permit that must be obtained prior to entering the backcountry.**

Name: \_\_\_\_\_ Number in party: \_\_\_\_\_  
Phone Numbers: Home \_\_\_\_\_ Mobile/Cell \_\_\_\_\_ Other \_\_\_\_\_  
Address: \_\_\_\_\_  
Email addresses: \_\_\_\_\_  
Emergency medical information/concerns: \_\_\_\_\_  
Other party members' names: \_\_\_\_\_

**Hiking alone in bear country is strongly discouraged.**

Destination: \_\_\_\_\_  
Point of Departure: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
Point of Return: \_\_\_\_\_ Time: \_\_\_\_\_  
Planned Route (make and attach a map, if possible): \_\_\_\_\_  
\_\_\_\_\_  
Are all parties physically capable of this hike?\_\_ Are you prepared to spend the night?\_\_ Are you prepared for injury?\_\_  
Skill Level:    Novice     Intermediate     Expert

**Tell someone where you are going, when you will return, and then let them know when you have returned.**

Emergency Notification Information  
Name: \_\_\_\_\_ Relation to you: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone Numbers: Home \_\_\_\_\_ Mobile \_\_\_\_\_ Email \_\_\_\_\_

Vehicle Information Number of Vehicles: \_\_\_\_\_  
Vehicle 1    Manufacturer: \_\_\_\_\_ Model: \_\_\_\_\_  
                  License Plate #: \_\_\_\_\_ State: \_\_\_\_\_  
                  Color: \_\_\_\_\_  
                  Location: \_\_\_\_\_  
Vehicle 2    Manufacturer: \_\_\_\_\_ Model: \_\_\_\_\_  
                  License Plate #: \_\_\_\_\_ State: \_\_\_\_\_  
                  Color: \_\_\_\_\_  
                  Location: \_\_\_\_\_

List the known hazards in the area: \_\_\_\_\_  
Have you done this hike before? \_\_\_\_\_ Have you done similar hikes before? \_\_\_\_\_

Basic Equipment Information – These are suggested items, but this is not an all-inclusive list. Mark what you have.  
First Aid Kit\_\_ Personal Medication\_\_ Water\_\_ Extra Food\_\_ Sun Screen\_\_ Insect Repellant\_\_ Bear Spray\_\_  
Raingear\_\_ Extra Clothing\_\_ Hat\_\_ Gloves\_\_ Emergency blanket\_\_ Bright Bandana\_\_ Map\_\_ Compass\_\_  
Flashlight\_\_ Signaling device\_\_ Hiking poles\_\_ Emergency Fire Starter\_\_ GPS\_\_ Extra Batteries\_\_  
Backpack (color) \_\_\_\_\_ Tent (color) \_\_\_\_\_ Sleeping bag (color) \_\_\_\_\_ Bivvy Sack (color) \_\_\_\_\_  
SPOT or Satellite Communication Device\_\_ Cell or Sat Phone\_\_ Other Device Type(s) \_\_\_\_\_  
Other Equipment Information - Climbing Helmet\_\_ Rope\_\_ Skis\_\_ Ice Axe\_\_ Snowshoes\_\_ Cold Weather Gear\_\_  
Climbing Protection\_\_ 12 Pt. Crampons\_\_ Avalanche Probe(s)\_\_ Avalanche Transceiver(s)\_\_

**Cell phone reception is very limited. Do NOT assume you will be able to make a call for help.**